

**MEDICAL STATEMENT FOR ATHLETIC PARTICIPATION**

Students shall be ineligible for interscholastic athletics unless there is on file in the school a **MEDICAL HISTORY AND PHYSICAL EXAMINATION FORM FOR ATHLETIC PARTICIPATION** certifying that the student has passed a pre-participation physical examination prior to the beginning of the student's middle school and high school athletic careers. Physicals done after March 1st of the 5<sup>th</sup> and 8<sup>th</sup> grade years will be considered current for middle and high school, respectively. In every subsequent year, all athletic participants must submit a completed **MEDICAL HISTORY** prior to each athletic season. Any student who has been significantly ill or injured must be re-examined by a physician in order to be eligible to participate in athletics, at the discretion of the Superintendent, or his designee. A release to resume athletic participation shall be on file at the school before the athlete may resume practice.

The medical examination must be completed by a licensed physician, advanced registered nurse practitioner or physician's assistant.

This regulation also applies to students participating in the weight training program.

**LONDONDERRY SCHOOL BOARD**

Adopted: October 25, 1988

Amended: August 12, 2008